

National Grange Proudly Announces New Program 'Food for Thought'



I am happy to announce a new program to the Grange "Food for Thought: Eating Well on a Budget" created by Sesame Workshop and material produced with United Healthcare and Merck Company Foundation. We have available to our Granges a packet that includes a CD/DVD, recipe cards, and a mini comic book. All of this material is available in English and Spanish. The booklet and other material is a way to show kids how to eat on a budget but eat nutritiously and getting them to try new foods. The DVD has a presentation on a local farmers market, so kids can understand where food comes from. These packets are available to all Grange members and Granges who would like to distribute these to the communities. This is a great way to get the Grange name out and help people in your community to make the best meals out of the food they have in their kitchen. If you have any questions or would like more do not hesitate to contact Samantha Johnson via email at sjohnson@nationalgrange.org or by phone at 202-628-3507 ext. 109.

food for thought

EATING WELL ON A BUDGET™

