

Spring Fling 2015
GRANGE MONTH KICKOFF EVENT
April 11, 2015

Tilton Northfield United Methodist Church, 400 West Main Street, Tilton

8:30 - 9:00 a.m. - Registration, Fellowship and Self-Orientation

9:00 – 10:30 a.m. **# 1 – Grange Legislative Forum:** A panel of elected town and state officials who are also Grange members will talk about their positions, duties, and current state of legislation in Concord and answer your burning questions and hear your valuable suggestions and insight.

10:40-11:55 a.m. **# 2 – Lyme Disease: A Growing Epidemic:** Joyce Belcher, of Herbs for Life in York, ME gives an easy-to-understand explanation of how a Lyme infection happens, how it invades the body, its symptoms, and alternative natural treatments. Her experience lies in treating Lyme in dogs and horses, but the information provided in this workshop can be valuable to understanding how serious and pervasive is this disease in animals and humans.

Noon – 12:45 p.m. LUNCH!

12:45 – 1:50 p.m. - **# 3 Grange 101:** Presented by State Master, Christopher Heath. Are you new member of the Grange? Does some of the Grange meeting and ritual work confuse you? If so, come to Grange 101 and get the answers to your many questions and more.

12:45 – 1:50 p.m. - **# 4 Lecturer's Tips:** State Lecturer, Jane Trombi, will share ideas for creating interesting and engaging programs for your Grange meetings.

12:45-1:50 p.m. - **#5 Getting Hooked on Small Scale Aquaponics:** This can be as simple as a fish tank with aquarium fish to a raceway with food fish. I will be going over the basics on setting up a small scale aquaponics system that could be kept on a fish tank to provide you with herbs, and small edibles that can be used in your kitchen. I will also touch on how to upscale a system to grow more food, including fish for supper. Presented by State Gatekeeper, Norman Brandt

12:45 – 1:50 p.m. - **# 6 Mixed Media Art-Using Gelatos:** Beth Merrill will demonstrate and help you create your own art piece using gelatos paints that are a fun and inexpensive medium often used in art journaling and mixed media canvases. Participants are encouraged to bring a blank canvas, but are welcome to experiment on the provided watercolor paper.

2:00 – 2:55 p.m. - **# 7 A Reporter's Talk:** State Grange Publicist, Jim Tetreault, will provide pointers on how to prepare publicity articles that local news editors will find irresistibly worthy of publication.

2:00 – 2:55 p.m. - **# 8 Code Book Reading** – This workshop open only to Grange members and will be presented by Past General Deputy, Arthur Merrill. Learn some of the secret work of the Grange by learning how to read the Grange Code Book.

2:00 – 2:55 p.m. - **#9 Getting Hooked on Small Scale Aquaponics:** This can be as simple as a fish tank with aquarium fish to a raceway with food fish. I will be going over the basics on setting up a small scale aquaponics system that could be kept on a fish tank to provide you with herbs, and small edibles that can be used in your kitchen. I will also touch on how to upscale a system to grow more food, including fish for supper. Presented by State Gatekeeper, Norman Brandt

2:00 – 2:55 p.m. - **# 10 Mixed Media Art-** Presented by State Lecturer, Jane Trombi. Have you ever said "I don't have an artistic bone in my body?" Well it's not true! Come join me in making a work of art. You will have choices of using several different mediums to put together something you can be proud of. When you are done, your project can be entered in the Lecturer's Art Contest!

3:00 – 3:15 p.m. - Reassemble, Debrief (tell us what was good and what needs improving, and show us your creations), and Adjourn – Have a safe trip home!

****Please note that the schedule and workshop list is subject to change. Refer to updates on the State Grange website as the event draws near.**

March 6, 2015

Dear Brothers and Sisters:

The enclosed information and schedule for what is sure to be a great day of learning, sharing, networking, fellowship, and fun. In other words, a great day to celebrate being a Grange member! What better way to observe Grange Month than to join together at the 8th annual Spring Fling on April 11th.

The Tilton Northfield United Methodist Church is located a short distance from exit 20 on I-93 and the church folks will be doing our lunch (soup and sandwiches) which is included in the suggested donation request.

Jr. Grange Director, Joann Brandt has kindly agreed to offer projects and activities to keep the kids busy and occupied throughout the day. She does ask that parents/guardians be responsible for the child/children they bring during the lunch break. This is a great opportunity for children ages 5-14 to participate with others their own age as we continue establishing an active State Jr. Grange in New Hampshire.

Please complete the registration form below and return it by April 3rd. Your pre-registration is very much appreciated!

Fraternally,

Beth Merrill, Spring Fling Coordinator

Registration for Spring Fling 2015

Return a completed form for each attendee **before** April 3rd to:

Beth Merrill, 107 West Street, Antrim, NH 03440 or send an email to bmerrill@nhgrange.org

Name _____ Grange _____

Town _____ Phone _____

Names of Others Attending with You _____

Please check off each workshop you plan to attend:

#1___ #2___ #3___ #4___ #5___ #6___ #7___ #8___ #9___ #10___ #11___

___ # lunch registrations

Attending Children's Activities _____ Please list first name and age of each child attending:

Name of Adult in charge of child's supervision: _____

To prevent this event from becoming a drain on the State Grange budget, a suggested donation of \$10 per person, which includes lunch, is being asked to help defray the expenses of the day and is payable on the day of the event. If that is prohibitive, especially for families, please come anyway and contribute what/if you can! We want **you** there more than we want your money!